



Date: Grade: VIII __	CPE-1 (2022-23) ENGLISH LANGUAGE AND LITERATURE	Max. Marks: 20 Time: 1 hour
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SECTION A: READING

Read the passage given below:	(1x4=4)
<p>1. Worry is a major cause of health problems, not only mental but also physical. It has been proved that worry is a major cause of asthma, heart ailments, rheumatism, blood pressure, ulcers, skin problems and many other psychosomatic (mind and body) diseases.</p> <p>2. It is surprising that a state of mind that is normal and common should be a silent killer. Nobel Prize winner Dr Alexis Carrel once remarked that businessmen who do not know how to overcome worry die young. But so do a lot of other people, whether they are managers or clerks, office-goers or home-makers. Any person who cannot control this state of mind and lets it overwhelm them may shorten their lifespan.</p> <p>3. There are many reasons to why a person worries. The fast pace of modern lifestyle, the complexities of human relationships, the pressure to perform and succeed, all combine to feed our anxieties. Feelings of dissatisfaction, personal shortcomings, low self-esteem, etc., weigh us down. At times we may be able to overcome them, at times we may not, but once we give in to the tendency to worry, we only compound the problem, sometimes to the point of no return.</p> <p>4. That the mind and body are closely related is a well-known fact today. Alternative medical practices such as homeopathy and Ayurveda had long ago recognized this vital link. As far back as 4th century BCE, Greek philosopher Plato had understood it as well. He had remarked that the biggest mistake doctors make is to heal the body without healing the mind. Mind and body</p>	

	<p>act as extensions of each other, and so should not be treated separately.</p> <p>On the basis of your reading of the passage, answer <u>ANY FOUR</u> of the following questions:</p> <p>(i) Psychosomatic diseases are</p> <p>(a) skin problems (b) related to the mind and the body</p> <p>(c) heart ailments (d) fatal and lead to premature death.</p> <p>(ii) What is a 'silent killer'?</p> <p>(a) a fatal disease (b) a painless death</p> <p>(c) something that harms without being noticed (d) slow and painful death</p> <p>(iii) Managers and clerks are susceptible to worry as are</p> <p>(a) homemakers (b) businessmen</p> <p>(c) office-goers (d) adolescents</p> <p>(iv) One reason why people die young is</p> <p>(a) feelings of dissatisfaction (b) lack of timely treatment</p> <p>(c) the complexities of human relationships (d) their tendency to worry</p> <p>(v) Homeopathy and Ayurveda are</p> <p>(a) traditional medicinal treatments (b) alternative medical treatments</p> <p>(c) popular in the west (d) used to treat anxiety.</p>	
SECTION B: WRITING AND GRAMMAR		
2	Write a paragraph on: Our trees have to thrive if we have to survive.	(1x4=4)

3	<p>A. Complete the passage with correct forms of the verb in brackets</p> <p>(i) He met his friend when he _____(work) in Delhi.</p> <p>(ii) My father _____ (go) to the supermarket. He will be back soon.</p> <p>B. Complete the sentences by choosing the correct word.</p> <p>(i) What is Arjun going to do when he _____ (is finishing/finishes) college?</p> <p>(ii) I think everyone _____ (is coming/comes) to dinner on Sunday.</p>	(1x4=4)
SECTION C: LITERATURE		
4	<p>Choose the correct answer from the given options</p> <p>(i) The customer in Faiz Hussain's shop yelled in pain because</p> <p>(a) he lost his money (c) his left ear was nicked</p> <p>(b) he heard the awful news (d) his right ear was nicked</p> <p>Memories of cranes were left in</p> <p>(a) grainy video footage (c) photos</p> <p>(b) videos (d) cities</p>	(1x2=2)
5	<p>Answer the following questions in 40-50 words each.</p> <p>(i) Ruskin Bond has a message for the readers through this short story, <i>The Boy Who Broke the Bank</i>. Identify and elaborate.</p> <p>(ii) Who views/listens to the poor quality/video material? How do they react to it? Is there a big contrast between their reaction and the speaker's?</p>	(2x3=6)